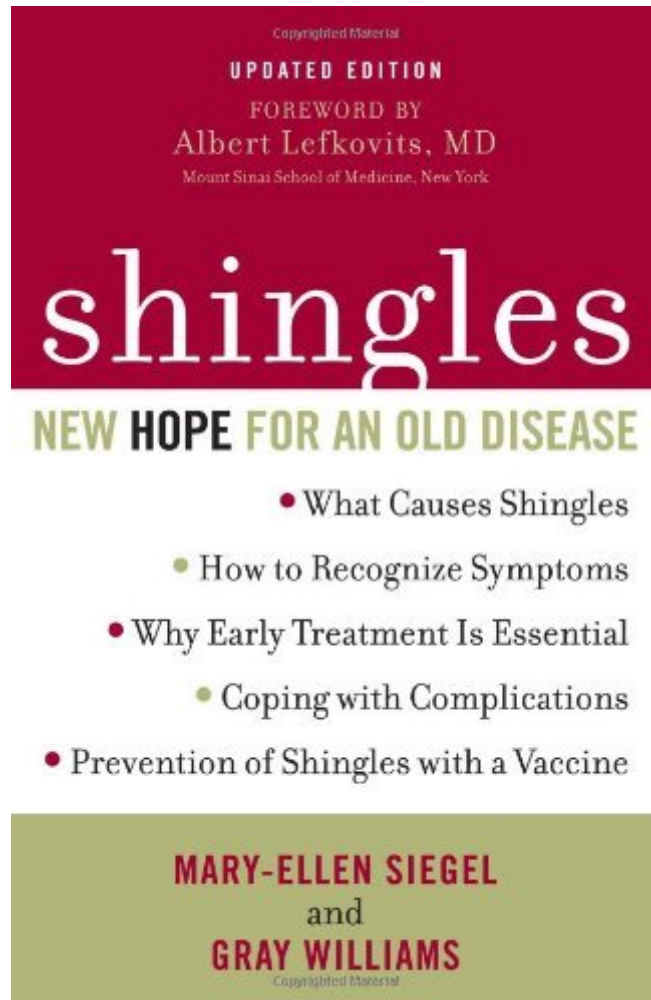




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# Shingles: New Hope For An Old Disease



## Synopsis

At some point in their lives, up to 20 percent of the population will be affected by shingles, which is officially known as herpes zoster and is caused by the varicella-zoster virus—the same virus that causes chickenpox. It attacks adults who had chickenpox as children but whose immune system has weakened due to aging, illness, drugs, radiation therapy, or physical or emotional stress. For many people shingles is a temporary condition, which starts at a nerve root and moves to the skin, causing a burning pain, rash, and blisters, all subsiding within a few weeks. But almost one-third of all cases are further afflicted with a painful complication called post-herpetic neuralgia, or PHN, which can continue for months or even years. Other potential complications of shingles include inflammation of the eye, which could lead to loss of vision. This book shows the reader how early recognition of symptoms, along with the use of the newest antiviral drugs, can hasten recovery from shingles and its complications. Detailing causes, symptoms, treatments, and ways of finding the best care for shingles and PHN, Shingles also discusses recent developments in preventing shingles through the use of a varicella vaccine.

## Book Information

File Size: 1118 KB

Print Length: 184 pages

Publisher: M. Evans & Company; Updated edition (September 11, 2008)

Publication Date: October 25, 2008

Sold by: Digital Services LLC

Language: English

ASIN: B004BLILOG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #554,774 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #26

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Herpes #108 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments #149 in Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Infectious Disease > Communicable Diseases

## Customer Reviews

Likely the definitely text on Shingles. You can skip the rest of the book and just read the chapter "Questions and Answers About Shingles" and you will be well informed about the essential info,

Shingles is dangerous!! Apparently most people over 60 will get shingles. Shingles can lead to Neuralgia (permanently damaged nerves and chronic pain). Doctors can do very little for chronic pain sufferers (usually people over 80). This book helps minimize the risk of shingles leading to Neuralgia, and helps those with Neuralgia to understand what is going on. Doctors are out of their depth when it comes to chronic pain and would rather like to ignore people who have this serious problem. This book explains what doctors are dealing with. When I turn 60 I'm getting the vaccine! It's too late for my mother who is now 80; her shingles were probably not treated properly 4 years ago and she developed terrible chronic pain - the best surgeons cannot help. And they don't have time to explain. This book does. Thank you.

I expected the same stuff I find on the internet, but there were a number of things in this book I hadn't heard (read) before--some of the home remedies, the mention of a length of immunity once having had shingles, and so on. Appreciated the clear, concise way that the information was presented. I actually read the first few chapters (about what shingles is, how the virus works, etc.) that I likely would have skipped over otherwise. Nicely done, should be helpful to our family. My only negative would be that this book is from 2008 and may need an update one of these days. Wishing the very best to all reading this who have been impacted by this evil disease.

Great info on wide variety of related issues caused by Shingles but book is old and needs more current data and updates. Example: only a few paragraphs on Ramsay Hunt Syndrome, alternative treatments, natural remedies, recent findings & studies, food and health etc.. I gave good rating because the overall nuts & bolts were covered. It will tell you basics you need to know.

Very informative. Needed as much information as possible. Read this when I had shingles.

This book builds up false hopes .....there is nothing in it that one could not find on the internet. I found it to be borderline exploitation and returning it for my money back.

All I can say is that I like the fact that it was available on . It was a gift that was sent to my sister, as

she is going through a terrible bout with shingles near her eye. She told me the book is a good read; has many interesting insights into this awful medical issue.

...But if you or someone you know experiences the misery of shingles and/or the complications that can follow, this book can be of great help.

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